

# Setting Sail with Start of Care: Getting it Right From Intake to Admission

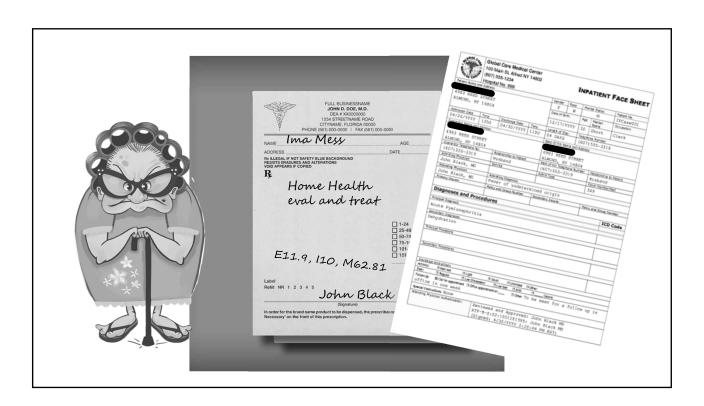


# Setting Sail with Start of Care: Getting it Right from Intake through Admission

There are so many factors to consider when taking on a new patient. From the intake process, MD certification, face to face documentation, staffing...all of the parts and pieces have to mesh in order to have a proper referral and admission. If one, or more, of the parts are missing or are incorrect, agencies set themselves up for complaints, denials, ADRs and a host of other things we'd all rather avoid. By understanding the factors and documentation necessary for a proper referral and admission, agencies can better manage their patients and revenue flow from intake through discharge.

At the conclusion of the presentation, the participant will be able to:

- Identify the components of the home health eligibility criteria and required physician documentation.
- Cite Medicare compliant Face to Face documentation.
- Recognize what constitutes effective intake and referral information.



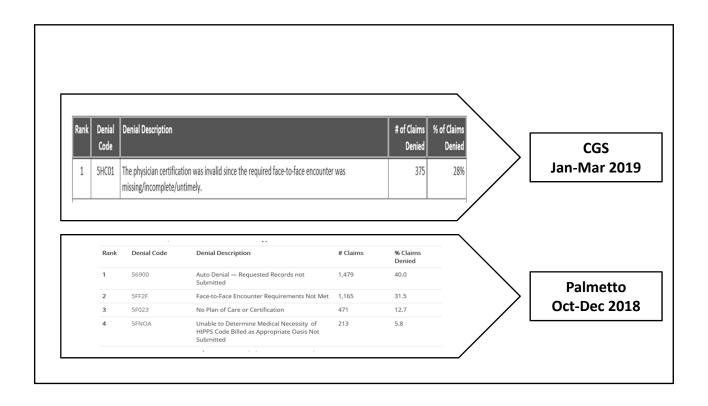
# In the beginning: Improved Intake Processes

- Imperative that accurate information be obtained at time of intake.
  - Appropriate referral? Is patient eligible for home care?
  - Demographics and referral documents
  - CoPs
  - Payment
  - Diagnosis

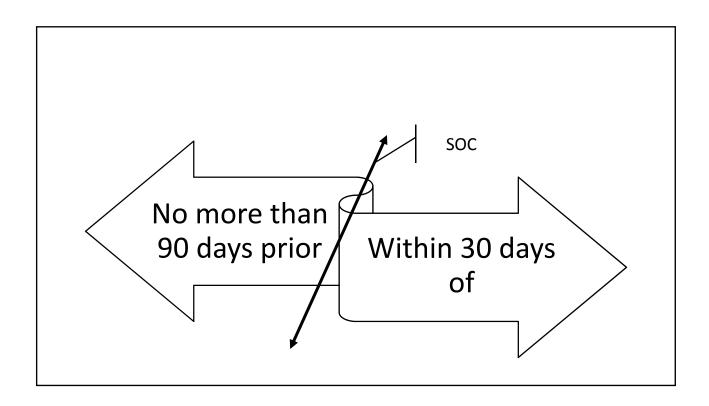
# Eligibility

# **Eligibility for Home health**

- Be confined to the home with clearly documented home bound status
- Be under the care of an MD who will establish and periodically review the POC
  - NPI must match the MD signing the POC
- Be in need of skilled nursing &/or therapy which is both reasonable and medically necessary
  - Documentation must show care is necessary to:
    - Improve patient's current condition or,
    - · Maintain current condition or,
    - Slow further decline in condition
- Accurate F2F documentation



|              | o Face   \$\$\$   |
|--------------|---|
| Face to Face | MD/NPP: Date of visit:  Visit note appropriate & attached?: Visit within timeframe?:  F2F visit pending with: |
| Fa           | Scheduled F2F date: Within 30 days of SOC?  |



# Who May Complete the F2F?

- Certifying physician
- Physician/NPP who cared for patient in acute/post-acute facility
- Nurse practitioner
- Clinical Nurse Specialist
- · Certified nurse-midwife
- Physician Assistant

\*\*\*But remember only an MD (doctor of medicine, osteopathy, or podiatry acting within the scope of his or her state license) can order home health, write ongoing orders for home health, and sign the Plan of Care \*\*\*

## FAQ on SOM manual released Jan. 23, 2019

- Q. Can mid-level providers, such as nurse practitioners and physician assistants, write orders for home health services?
- A. No, only a physician can write orders for home health services. Section 1861(m) of the Social Security Act requires that the home health plan of care be established and maintained by a physician and does not include other licensed practitioners, such as nurse practitioners and physician assistants. Only physicians may establish and maintain the home health plan of care, including reviewing, signing, and ordering home health services.

What will complete your F2F circle?

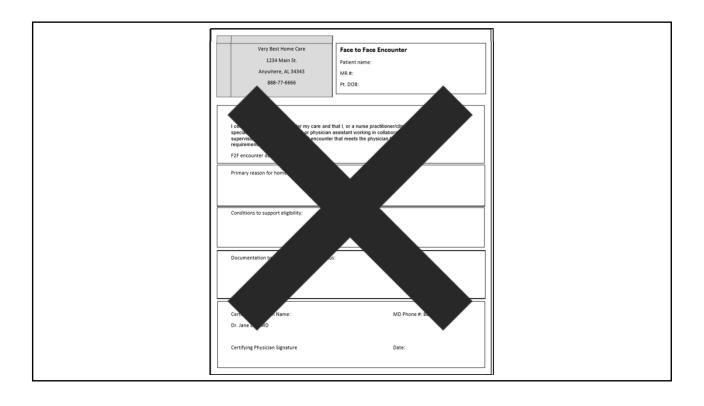
Supervising MD (PCC?)
PCP signing the POC

# **Required Components of the F2F**

- \*\*\*Documentation of the name of the MD or NPP who saw the patient and the date of the encounter.
- Clinical condition that supports homebound status
- · Need for skilled services
  - Supports primary reason the patient required home health
- \*\*\*Reason for home health referral
- \*\*\*MD name, signature and date

\*\*\* items must come directly from MD

Additional items may be located throughout the medical record but must be clearly identifiable



### **F2F Documentation**

#### **APPROPRIATE**

- Discharge summary
- MD office visit note
- Progress note from acute/postacute facility
- Note on MD letterhead summarizing the required information. Must include the date of the actual encounter.
- Clinical summary
- Admission summary
- History & Physical

#### **INAPPROPRIATE**

Diagnosis list alone Recent procedures alone

Recent injuries alone

Generic statement without specific clinical finding to indicate what makes the patient homebound:

"taxing effort to leave home"

"gait abnormality"

"weakness/muscle weakness"

# Word Up on F2F

- Address the F2F proactively
- Have a process for monitoring pending F2F visits
  - Who will monitor & maintain the F2F log?
     Add to the job description and HAVE A
     BACKUP!!!
- Know what barriers the patient may have when making the MD F2F visit and address ASAP.
- Must have the actual visit or encounter note
  - F2F is a condition of payment

# The Basics

# Demographics



| Sics     | Referral date: | Patient Name: | DOB:                      |
|----------|----------------|---------------|---------------------------|
| ographic | Address:       |               |                           |
| Demo     | Phone #:       | _ Email:      | _ Gender: ☐ Male ☐ Female |
|          |                |               |                           |

- Referral date:
  - When was the referral received?
  - This will be your M0104 date of referral unless updated or MD ordered SOC received.
  - UPDATE with additional information if patient SOC to be delayed.
    - 48 hr. window for initial assessment starts with this date

So what?

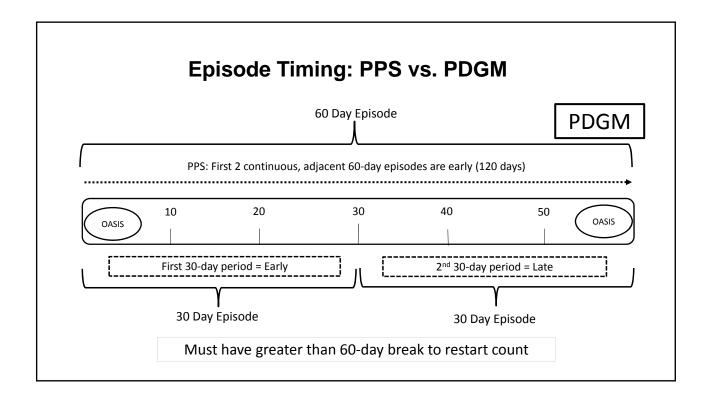
Home Health Compare

Process of care measures

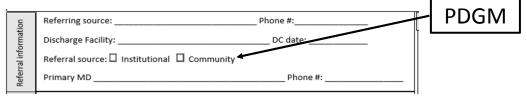
Process of care measures show how often home health agencies gave recommended care or treatments that research shows get the best results for most patients. The list of process measures includes:

| Process measures                | As listed on Home Health Compare  | Data<br>source |
|---------------------------------|---|----------------|
| Timely initiation of care       | How often the home health team began their patients' care in a timely manner. | OASIS          |
| Influenza immunization received | How often the home health team made cure that                                 | OASIS          |

| In       | surance   |   |  |                        |                        |        |
|----------|---|---|--|------------------------|------------------------|--------|
| 9        | Medicare #:   | Medicaid #:   |  | 2 <sup>nd</sup> payor: |                        |        |
| nsurance | MCR Advantage:  |   | MCR Adv #:   |                        | Auth required:         |        |
| Ë        | SSN:  | Eligibility checked by/date:  |  | Epi                    | sode timing: 🗆 Early 🛭 | ] Late |
|          | <ul> <li>If an MCR Ac</li> <li>Does this pare</li> <li>Is this ins</li> <li>Make sur</li> <li>Does the pla</li> </ul> | paying the bill for ho dvantage plan, is your yor require auth? surer quick to give aure your clinicians are n pay per visit or epishave a budget for youent is aware | r agency a pro<br>oth or does it<br>aware of aut<br>sodic? | take a week (<br>h.    | or longer?             | PDGM   |



### Referral source



- Where did the referral originate from?
- Primary MD
  - Who will be signing your POC? Intake should call to verify MD will sign orders.
- Was it an institutional source?
  - ACH, LTACH, SNF, IRF
- Community source?
  - MD office, outpatient source (i.e. same day surgery, etc.), emergency room, urgent care

~45% drop in CMW from institutional early to community late

# Other information



| Emergency contact:    | Relationship:  | Phone #:          |
|-----------------------|----------------|-------------------|
| Emergency contact:    | Relationship:  | Phone #:          |
| Legal representative: | Type:          | Phone #:          |
| Advance directives:   | _ Code status: | Primary language: |
| Allergies:            |                |                   |
|                       |                |                   |

- Emergency contact
  - What is their relationship to the patient? Are they the primary CG?
  - §484.55(c)(6): (must identify) The patient's primary caregiver(s), if any, and other available supports
- Legal representative
  - §484.55(c)(7): The patient's representative (if any): (can be legal or patient determined)
- Advance directive:
  - §484.60(a)(2) The individualized plan of care must include the following: (xv) Information related to any advanced directives;
- Primary language:
  - Multiple instances in CoPs that discuss meeting the needs for patients with limited English proficiency and accessibility for those with disabilities

# Referral Documentation

# Requirements

- Must support homebound status
- Show medical necessity
- Support need for requested skilled services
  - Does the documentation support the ordered disciplines?
  - "Therapy diagnosis"
- Match the agency's focus of care

| D      |                | H&P                |          |
|--------|----------------|--------------------|----------|
| 0      |                | DC summary         | С        |
| С      |                | Progress Note      | h        |
| u      | <b>+</b>       | Op report          |          |
| m      | <del>-</del>   | Consult            | е        |
| е      |                | MD visit note      | C        |
| n      | 7              | Therapy evals      | k        |
| t      |                | DC med list        | I        |
| a      | <b>4</b>       | HH order           | i        |
| t<br>: | - <del>-</del> | Pertinent labs     |          |
| 1      | 7              | Xray/other reports | <b>S</b> |
| o<br>n | <b>+</b>       | Other              | t        |
| "      |                |                    |          |

# 77yo, hospital referral, RN/PT/OT - Primary Discharge Diagnosis Active and Suspected Problems (Last Reviewed 05/03/19 @ 03:03 by Acute exacerbation of systolic CHF (congestive heart failure) (Acute) - Secondary Discharge Diagnosis Chronic Problems (Last Reviewed 05/03/19 @ 03:03 by History of loop recorder (Chronic) Implant: 03/11/2016 at WCH Serial number: RLA801774S Model number: RLA801774S Model number: RLA901774S Model number: Medtronic Carotid bruit (Chronic) Ischemic cardiomyopathy (Chronic) Presence of aertocoronary bypass graft (Chronic) Presence of aertocoronary bypass graft (Chronic) 97/21/95 CABCsA LIMA to LAD,SVG to first diagonal, the second diagonal, and to posterolateral branch of RCA Atherosclerotic heart disease of native coronary artery without angina pectoris (Chronic) 97/21/95 CABCsA LIMA to LAD,SVG to first diagonal, the second diagonal, and to posterolateral branch of RCA Syncope (Chronic) Status poly, Displement of implantable loop recorder (Chronic) Naussa & vomiting (Chronic) Naussa & vomiting (Chronic) Naussa & vomiting (Chronic)

The patient is a 77 year old M with a PMH of CAD and ischemic cardiomyopathy s/p ICD, HFrEF (EF of 30%), COPD and CKD 3,who was admitted with a complaint of 1 month history of progressively worsening shortness of breath with a severe flare on the day of presentation. He had associated PND and orthopnea as well as increased LE swelling. Family though he had gained ~ 8 pounds in the last 10 days. BNP was >5000 on admission, and patient had not been on any lasix at home. EKG shwoed no acute ST changes. H was admitted and managed for acute exacerbation of Heart failure with reduced EF. He was started on IV lasix 40mg bid, with monitoring of input and output. Fluid restriction 2500 mg daily. He had a repeat echo which showed EF of 15 to 20% with severe global hypokinesis which was similar to previous echo. Patient shortness of breath currently and lower extremity edema resolved. He was saturating well on room air. He remained stable and was discharged home on 5/5/2019 with a prescription for p.o. Lasix 40 mg twice daily as well as p.o. potassium 20 mg daily. He is to continue his metoprolol and Entresto. He is follow-up with his primary care doctor and cardiologist within 1 week.

Consult: Case Management Routine

Start: 05/03/19 11:27

Case Management Referral For: Other Reason:

Home Health RN, PT/OT



# 69yo male, MD office referral, SN/PT/MSW

| Diagnosis  | Muscle weakness ICD-10: M62.81: Muscle weakness (generalized)   |
|------------|---|
| Order Name | Orders Included: 1  |
|            | Muscle weakness<br>ICD-10: M62.81: Muscle weakness (generalized)<br>• HOME HEALTH REFERRAL / FACE-T O-FACE ENCOUNTER<br>Schedule Within: provider's discretion  |
|            | Additional Services: HH RN, PT, MSW for community resources, specifically transportation Medical necessity (describe condition) which requires the above skilled services: Muscle weakness, CHF, unsteady gait This patient is homebound due to:: Muscle weakness, CHF, unsteady gait |





# 76yo female, Hospital referral, SN/PT/OT

Communication Order
05/14/19 15:32:00 CDT, Consult for Home Health OT PT and Nursing to eval and treat. Home Aide to assist with bathing and adl's, Constant indicator

ASSESSMENT AND PLAN

1. This is a 76-year old with general weakness, decondition, most likely multifactorial. The patient is going to continue daily physical therapy, occupational therapy, and skilled nursing facility.

2. Recent sepsis due to methicillin-resistant Staphylococcus aureus wound infection, resolved.

3. Methicillin-resistant Staphylococcus aureus right foot wound infection with cellulitis, dorsal abscess status post debridement. Blood culture negative. Magnetic resonance imaging consistent with cellulitis, gas gangrene. The patient on intravenous antibiotic therapy per 1

4. Breast cancer.

5. Poliomyelitis with post-polio syndrome.

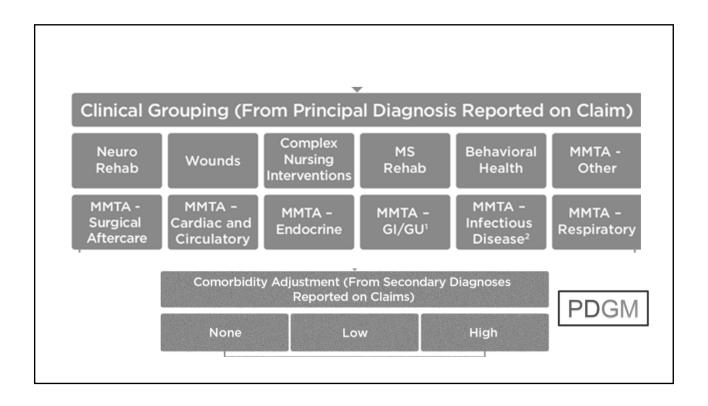
- 6. Constipation.
- 7. Nausca. Continue Zofran.
- 8. Hypertension with occasionally low normal BP. The patient is going to continue her home regimen.

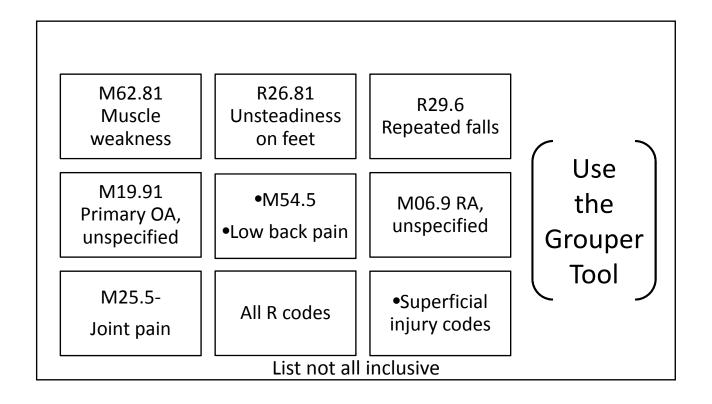
| INFECTIOUS DISEASE PROGRESS NOTE                   |   |
|--|---|
| ASSESSMENT/PLAN                                    |   |
| Right Foot wound Infection MRSA, CRP almost normal | Post Hospital Wound Care Order Set                          |
| 2. H/o Palio                                       |   |
| Plan: Cont abvx until next week then d/c           | Location of wound (s): Right dorsal foot                    |
|  | Cleanse wound and peri-wound skin with Mosmal Salina        |
|  | Applyto peri-wound skin to protect.                         |
|  | Dress wound with <u>Purachol plus</u> Ato, cover with a dry |
|  | Gause, wrap with Kling and secure.                          |
|  | Change dressing: BID  |
|  | Daily   |
|  | Every other Day   |

# 97yo male, MD office referral, PT

| Reason for Visit   | Reviewed Problems  Mallgnant turnor of colon  Anemia   |  |  |  |
|--|--|--|--|--|
| Old-age  | <ul> <li>Mitral valve regurgitation - Onset: 09/28/2018</li> <li>Gastroesophageal reflux disease</li> </ul>  |  |  |  |
| Old-age<br>ICD-10: R54: Age-related physical debility<br>• PHYSICAL THERAPY REFERRAL   | <ul> <li>Hiatal hemia</li> <li>Diverticular disease</li> <li>Benign prostatic hyperplasia</li> <li>Cramp in lower limb - Onset: 07/26/2018</li> <li>Osteoporosis</li> <li>Kyphosis of thoracic spine</li> <li>Abnormal glucose level</li> <li>Old-age - Onset: 07/26/2018</li> </ul> |  |  |  |
| presents today for feeling of fullness in his right ear cana recently did have a sinus issue however it is resolving at this point Denies any cough fevers or chills. On evaluation the right tymper is also however not as severe. Blood pressure today is 114/60 pudisturbances. | nt. He denies any sore throat hasal congestion of ear pain.  |  |  |  |

# Intake Diagnosis





AVOID diagnosis that will result in claim being returned to provider (RTP)



# Points to Ponder

- Invest in education and training for your intake/marketing departments and liaisons on the updated requirements for referrals
  - Have your CM (or other clinical staff) verify necessary information has been obtained.
- Provide up to date tools
  - PDGM grouper is free and easy to use.
- Consider a certified coder/coders on your intake/marketing team to cut down time spent running around to clarify and correct.

- Determine YOUR agency's questionable diagnosis
  - Review your EMR reports for the most frequently used primary diagnosis within your agency.
  - Identify trends with physicians
  - An all-inclusive list would be cumbersome
  - Educate, educate, educate!!!

- Avoid upcoding referral diagnosis without proper documentation
  - The physician must be the one to say right knee pain is really osteoarthritis of the right knee, not the clinician or coder!
- Develop a physician query process to ensure coding specificity
  - Provide information that would make it easier for the MD
  - CHF > weight gain, edema, BNP, etc.
- Begin to educate your physicians on PDGM.
  - Accelerated billing periods requiring timeliness of signing orders
  - Increased emphasis on coding specificity
  - F2F requirements

- Review your current process for intake flow in the agency
  - Is it fragmented?
  - Where can you streamline?
  - Define the roles in your job descriptions
- Have a process for authorization management beginning at intake.
- Disease management protocols
  - Possible frequencies
  - Suggested disciplines
  - Evidence based practice measures to promote consistency in care and improve outcomes
  - Market your programs
- · Increase clinical competency
  - Consider specialty programs

#### Links

<a href="https://www.cms.gov/Center/Provider-Type/Home-Health-Agency-HHA-Center.html">https://www.cms.gov/Center/Provider-Type/Home-Health-Agency-HHA-Center.html</a> <a href="https://www.cms.gov/Center/Provider-Type/Home-Health-Agency-HHA-Center.html">PDGM grouper tool version date July 2019</a>>

- CMS-1711-P

- CY 2020 HH PPS Wage Index
- CY 2019 HH PPS Case Mix Weights for 60-day episodes into CY 2020
- CY 2019-CY 2022-Rural-Add-On-Payment Designations
- CY 2020 PDGM Case Mix Weights and LUPA Thresholds (Updated 07/12/2019)
- CY 2020 PDGM Grouper Tool
- CY 2020 PDGM Agency Level Impacts
- CY 2019 Home Infusion Therapy - Geographical Adjustment Factors (GAFs)

Grouper Tool (Excel file)

Grouping HIPPS Code Structure OASIS items ICD10 DXs Comorbidities Comorbidity - High Comorbidity - Low

## Links

- <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/bp102c07.pdf">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c07.pdf</a> <a href="https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c07.pdf">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c07.pdf</a> <a href="https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c07.pdf">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c07.pdf</a> <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/bp102c07.pdf">https://www.cms.gov/Regulations-and-guidance/Manuals/Downloads/bp102c07.pdf</a> <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/bp102c07.pdf">https://www.cms.gov/Regulations-and-guidance/Manuals/Downloads/bp102c07.pdf</a> <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Guidance/Manuals/Downloads/bp102c07.pdf">https://www.cms.gov/Regulations-and-guidance/G
- <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/downloads/som107ap\_b\_hha.pdf">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap\_b\_hha.pdf</a> < State Operations Manual, Appendix B>
- <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/clm104c10.pdf">https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/clm104c10.pdf</a> <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/clm104c10.pdf">https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/clm104c10.pdf</a> <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/clm104c10.pdf">https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/clm104c10.pdf</a> <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/clm104c10.pdf">https://www.cms.gov/Regulations-and-guidance/Manuals/Downloads/clm104c10.pdf</a> <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/clm104c10.pdf">https://www.cms.gov/Regulations-and-guidance/Manuals/Downloads/clm104c10.pdf</a> <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/clm104c10.pdf">https://www.cms.gov/Regulations-and-guidance/Guidance/Manuals/Downloads/clm104c10.pdf</a> <a href="https://www.cms.gov/Regulations-and-guidance/Guidance/Guidance/Manuals/Downloads/clm104c10.pdf">https://www.cms.gov/Regulations-and-guidance/Gu



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